

COMPASSION FATIGUE RESOURCES



Free Learning in
Maddie's University
maddies.fund/MUCompassionFatigue

Jessica Dolce,
Certified Compassion Fatigue
Educator
jessicadolce.com/resources

Compassion Fatigue
Strategies Course
maddies.fund/UFCompassionFatigueStrategies

An Evidence-Based Look at Compassion
Fatigue: Diagnosing the Doctor and Healing
the Healer

ABCs of Self-Care Workbook

Offered through University of Florida's
Maddie's Shelter Medicine Program

Personnel Satisfaction - Managing
Compassion Stress

Where Do Your Stories Go?
heartsspeak.org/where-do-your-stories-go/

8 week interactive online course taught by
Jessica Dolce

Compassionate Lifesaving: Taking Care of
You and Your Team to Save More Animals

Be Well, Do Good: 6 Simple Self-Care Ideas
heartsspeak.org/be-well-do-good-6-simple-self-care-ideas/

Registration Now Open, Class starts Oct. 17

Overcoming Obstacles: Wisdom of the
Warrior with David Meyer, founder of
Adopt-a-Pet

Education & Resilience Training Programs
compassioninbalance.com

Cost to attend is \$200 or just \$25 a week

